

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 6, 2012

To: ILWU Northern California Locals 10, 18, 34, 34A, 54, 75 and 91
ILWU Southern California Locals 13, 26, 29, 46, 63 and 94

From: Elizabeth Sharpe, Manager, Welfare Plans

Subject: Chiropractic Benefit ID Card for Kaiser Permanente Members

The attached letter with Chiropractic Benefit ID cards will be mailed by December 15th to the homes of all eligible active employees, retirees and survivors in California covered under Kaiser Permanente.

The card reflects the Coastwise Claims Office's new mailing address effective January 1, 2013, and Chiropractic Health Plan of California's toll free telephone number.

Enclosure

cc: Joe Cabrales, Northern California Area Welfare Director
Sam Alvarado, Southern California Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association

www.benefitplans.org

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(415) 673-8500



ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan




ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

Enclosed is your new ILWU-PMA Welfare Plan Chiropractic Benefit identification card.

The new card includes the ILWU-PMA Coastwise Claims Office's new mailing address effective January 1, 2013, and Chiropractic Health Plan of California's toll free telephone number.

Please discard your old Chiropractic Benefit identification card(s). If you need additional or replacement ID cards, please contact the Benefit Plans office.

		ILWU - PMA WELFARE PLAN CHIROPRACTIC BENEFIT for members enrolled in KAISER
Subscriber Name: ILWU Local: Member ID:		
Submit claims to: The ILWU-PMA Coastwise Claims Office P.O. Box 429101 San Francisco, CA 94142		
This card is for identification purposes only and does not guarantee eligibility. To verify eligibility and benefits or for claims customer service, call 1-800-955-7376.		
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This plan contracts with Preferred Providers for chiropractic care through:	
<u>Chiropractic Benefit</u>	
	Chiropractic
	Health Plan
	of California
<small>www.chpc.com 1-800-895-2442</small>	
CA	