

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association

www.benefitplans.org

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

April 19, 2012

To: ILWU Longshore, Ship Clerk, Walking Boss/Foreman, and
Watchmen Locals

From: Elizabeth Sharpe, Manager, Welfare Plans

Subject: Notice to Coastwise Indemnity Plan Participants

The enclosed notice is being mailed to all eligible ILWU-PMA Coastwise Indemnity Plan participants.

Enclosure

cc: Area Welfare Directors

ES:jo/opeiu29aficio/Notice to CIP-041912

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

April 18, 2012

To: All ILWU-PMA Coastwise Indemnity Plan Participants
From: ILWU-PMA Benefit Plans Office

**Subject: ILWU-PMA Coastwise Indemnity Plan - Voluntary Hospital Utilization Review
Voluntary Case Management**

The ILWU-PMA Welfare Plan Trustees have selected Innovative Care Management (ICM) as the Plan's service provider for the Voluntary Hospital Utilization Review program and the Voluntary Case Management program for ILWU-PMA Coastwise Indemnity Plan participants effective April 25, 2012. ICM will replace SHPS Health Management Solutions/Carewise Health.

You or your physician may contact ICM for Voluntary Hospital Utilization Review and Voluntary Case Management services at **(866) 275-1014** beginning April 25, 2012.

If you have questions about the ILWU-PMA Coastwise Indemnity Plan's provisions for the Voluntary Hospital Utilization Review and/or the Voluntary Case Management program please contact the Coastwise Claims Office at (800) 955-7376.

The excerpt below is the ILWU-PMA Coastwise Indemnity Plan Supplemental Summary Plan Description (SSPD) provision for Voluntary Hospital Utilization Review and Voluntary Case Management. You can view the Coastwise Plan's SSPD in its entirety at www.benefitplans.org.

Voluntary Hospital Utilization Review (Non-Medicare Eligibles Only)

The Plan contains a voluntary hospital utilization review program administered by Innovative Care Management (ICM). Hospital utilization review is intended to prevent unnecessary expenses due to hospital confinements which: 1) are not medically necessary, 2) are for a longer period of time than necessary, or 3) are for care which could be given on an outpatient basis. The utilization review program may provide pre-admission certification, concurrent review and discharge planning. Pre-admission certification is performed for scheduled hospital admissions, prior to admission. Concurrent review is performed for both scheduled and non-scheduled admissions during confinement. Discharge planning may be provided to help arrange for discharge from the hospital as early as possible without jeopardizing patient care. This program is voluntary and not mandatory. Effective April 25, 2012, you can request voluntary hospitalization review by calling **(866) 275-1014**.

Voluntary Case Management

The Case Management program, administered by Innovative Care Management (ICM), can provide help and support for patients experiencing serious or long term illness. Case Management health care professionals will work with the patient, family and doctor in arranging for treatment alternatives to lengthy hospitalizations. In certain cases, Case Management may get approval for benefits not usually covered by the Coastwise Indemnity Plan, such as home health care, and rehabilitation facility care. Case Management is a voluntary program and does not dictate the care you receive. These important decisions stay with you and your doctor.

Patients who qualify may be identified and referred to Case Management by the Coastwise Claims Office or through the voluntary hospital utilization review process; or you may call Innovative Care Management (ICM) Case Management directly at **(866) 275-1014**.

This document can be downloaded from www.benefitplans.org.