

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association

[www.benefitplans.org](http://www.benefitplans.org)

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan  
ILWU-PMA Supplemental Welfare Benefit Plan

April 6, 2012

To: ILWU Southern California Locals 13, 26, 29, 46, 63, and 94

From: Elizabeth Sharpe, Manager, Welfare Plans

**Subject: Notice to Coastwise Indemnity Plan Participants**

The enclosed notice is being mailed to all eligible Southern California participants enrolled in the Coastwise Indemnity Plan.

Enclosure

cc: Sam Alvarado, Area Welfare Director

ES:jo/opeiu29aficio/MTP-Notice to CIP-040512

ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan  
ILWU-PMA Supplemental Welfare Benefit Plan

April 6, 2012

**To: All Southern California Participants and Beneficiaries Enrolled in the  
ILWU-PMA Coastwise Indemnity Plan**

Please take notice that the Trustees of the ILWU-PMA Welfare Plan ("Plan"), who have sole authority to administer the Plan, have unanimously determined that the Plan will **not** reimburse, or otherwise pay any claims for services or supplies provided to any Plan participants or beneficiaries for services, tests, prescriptions or supplies from Beverly Hills Surgery Center or Valley Surgical Center on or after May 1, 2012. Nor will the Plan reimburse any Plan participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan participants or beneficiaries by either Dr. Julian Omidid or Dr. Michael Omidid, or any of the health care service providers ordered by, or working under the direction or supervision of Drs. Julian or Michael Omidid, on or after May 1, 2012.

A current list (including but not limited to the provider locations listed below) of all providers and health care facilities whose services and prescriptions the Plan will no longer cover will be posted on the Plan's website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered. Also, please remember that participants with access to our Preferred Provider Networks are encouraged to use preferred providers. Covered services of a Preferred Provider are paid in full with no out-of-pocket expense to the member, and our Plan will save money as well. Please consult the website, [www.ilwu-pma-ppo.com](http://www.ilwu-pma-ppo.com), for a listing of preferred providers or call the Coastwise Claims Office at 1-(800) 955-7376.

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