

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500  
FAX (415) 749-1321

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

August 5, 2020

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94  
From: Mario Perez, Director of Benefit Plans  
**Subject: Notice to All Southern California Participants and Beneficiaries  
Enrolled in the ILWU-PMA Welfare Plan**

The enclosed notice was mailed to all eligible Welfare Plan members in Southern California enrolled in the ILWU-PMA Coastwise Indemnity Plan.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

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July 2020

**To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan**

Please take notice that the Trustees of the ILWU-PMA Welfare Plan ("Plan"), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by providers **Shivgangi Amin, M.D., Randall Maxey, M.D., Glen Farkas, M.D., Jeffrey Crudo, M.D., Mishael Arbuthnot, N.P., Joseph Silverstein, P.A., Allen Fonseca, M.D., David Rayhan, M.D., Gary Jacobs, M.D., or Maria Arredondo, P.A.**, or any healthcare providers affiliated with or working under the direction or supervision of these providers, or any other entity under which these providers may start to bill, effective immediately.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan's website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses for these providers.

**Shivangi Amin, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 701 N. Alvarado St., Los Angeles, CA 90026-4005

**Randall Maxey, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 447 N. Prairie Ave., Inglewood, CA 90301-1413

**Glen Farkas, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 7230 Medical Center Dr., Suite 302, West Hills, CA 91307-1907

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**Jeffrey Crudo, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 1680 Corte Orchidia, Carlsbad, CA 92011-4065

**Mishael Arbuthnot, N.P.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 24853 Alessandro Blvd., #4, Moreno Valley, CA 92553-6102

**Joseph Silverstein, P.A.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 5000 Van Nuys Blvd., Ste. 305, Sherman Oaks, CA 91403-1717

**Allen Fonseca, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 12446 Washington Blvd., Whittier, CA 90602-1005

**David Rayhan, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 2040 W. Charleston Blvd., Las Vegas, NV 89102-2227

**Gary Jacobs, M.D.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 14560 Magnolia St., Suite 101, Westminster, CA 92683-4791

**Maria Arredondo, P.A.:** Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Addresses: 5712 Coldbrook Ave., Lakewood, CA 90713-1442