

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

September 12, 2013

To: ILWU Northern California Local 14
From: Mario Perez, Manager, Welfare Plans
Subject: **ILWU-PMA Coastwise Indemnity Plan ID Card**

The attached letter with updated ID cards will be mailed beginning September 16, 2013 to the homes of all eligible active employees, retirees and survivors in California, who are covered under the ILWU-PMA Coastwise Indemnity Plan. Blue Shield of California continues to be the preferred provider network (PPO) for services provided in California to Coastwise Indemnity Plan enrollees. **Using a non-PPO provider will not affect your benefits**

Members should discard previous identification cards to ensure they have the most up to date information on their cards.

Enclosure

cc: Joe Cabrales, Northern California Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

www.benefitplans.org
(415) 673-8500

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

Enclosed is your new ILWU-PMA Coastwise Indemnity Plan identification card.

The new card includes the ILWU-PMA Coastwise Claims Office's new mailing address effective January 1, 2013, and contact information for Blue Shield of California Preferred Provider Organization (PPO) Network and Innovative Care Management (ICM). ICM administers Voluntary Hospitalization/Voluntary Case Management programs.

You may choose to access providers through the PPO networks. **Using a non-PPO provider will not affect your benefits.** The national Blue Shield network will not be available to you for medical services outside California.

Please discard your old Coastwise Indemnity Plan identification card(s). If you need additional or replacement ID cards, please contact the Benefit Plans office.