

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

September 12, 2013

To: ILWU Northern California Choice Port Locals 10, 18, 34, 34A, 54, 75 and 91
ILWU Southern California Choice Port Locals 13, 26, 29, 46, 63 and 94

From: Mario Perez, Manager, Welfare Plans

Subject: ILWU-PMA Coastwise Indemnity Plan ID Card

The attached letter with updated ID cards will be mailed beginning September 16, 2013 to the homes of all eligible active employees, retirees and survivors in California, who are covered under the ILWU-PMA Coastwise Indemnity Plan. Blue Shield of California continues to be the preferred provider network (PPO) for services provided in California to Coastwise Indemnity Plan enrollees.

Members should discard previous identification cards to ensure they have the most up to date information on their cards.

Enclosure

cc: Joe Cabrales, Northern California Area Welfare Director
Sam Alvarado, Southern California Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association

www.benefitplans.org

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

The ILWU-PMA Welfare Plan is issuing updated Member Identification Cards for California members who are enrolled in the Coastwise Indemnity Plan. As you know, under the self-funded Coastwise Indemnity Plan option, you generally have your choice of any health care provider (e.g., doctors, hospitals, or facilities). Currently, Blue Shield of California is the preferred provider network ("PPO") for services provided in California to Coastwise Indemnity Plan enrollees. If your health care provider is in California and a member of the Blue Shield network, the Plan will pay the fee that your provider negotiated with Blue Shield for your medical services and you will have no out-of-pocket expense for those covered services. The national Blue Shield network will not be available to you for medical services outside California. If you choose to receive covered Welfare Plan services from a non-network provider other than emergency or urgent care services, the Plan will cover 100% of the Basic Benefit for that service, and you will be responsible for an annual Major Medical Deductible of \$100 per family member, not to exceed \$300 per family annually (as negotiated by the parties in 1990), and 20% of the Maximum Allowable Charge (MAC) for the covered service, not to exceed \$1,000 per family annually (as negotiated by the parties in 1984). You will also be responsible for any balance billing charged by your chosen provider in excess of the Maximum Allowable Charge. If you have any questions regarding your new Member Identification Card or your benefit generally, please refer to your SSPD and/or call the Benefit Plans Office at (415) 673-8500.

Please discard your old Coastwise Indemnity Plan identification card(s).