

ILWU-PMA COASTWISE INDEMNITY PLAN
A Supplemental Summary Plan Description

(Revisions to the ILWU-PMA Coastwise Indemnity Plan Supplemental Summary Plan Description)

ELIGIBILITY

Qualified Dependents, including:

- Spouse
- Effective July 1, 2011 – children to age 26.
- Children who continue to be, upon attaining age 26, mentally or physically incapacitated so as to be incapable of self-sustaining employment.
- Surviving Spouse and Surviving Dependent Children of eligible Active and Retired employees.

NEW REGISTRANTS

New registrants and their qualified dependents in ports with HMO coverage will, on the first of the month following registration (with no requirement for 400 hours of work for initial eligibility for coverage), be covered by the HMO programs for the first twenty-four (24) months of registration. After 24 months of registration the member will have a choice of HMO or Coastwise Indemnity Plan coverage and normal Welfare Plan eligibility requirements shall apply.

New registrants and their qualified dependents in ports without HMO coverage will, on the first of the month following registration (with no requirement for 400 hours of work for initial eligibility for coverage), be covered by the Coastwise Indemnity Plan for the first twenty-four (24) months of registration and shall thereafter be subject to the Welfare Plan's normal eligibility requirements for continuation of coverage under the Coastwise Indemnity Plan.

ELECTION OF COVERAGE

Effective July 1, 2010 Port Hueneme, Local 46, in addition to the California Locals listed on page 11, is offered a dual choice.

USUAL, CUSTOMARY and REASONABLE CHARGES (UCR)

A UCR charge, as used in the Coastwise Indemnity Plan SSPD, is changed to **Maximum Allowable Charge (MAC)**, and refers to charges which are reasonable and in line with fees customarily charged for the treatment or service rendered by providers of care in the same area as determined by the Plan.

PROVIDERS OF SERVICE

Optometrists (OD) are added as a covered provider of service.

PREFERRED PROVIDER ORGANIZATION (PPO) (Non-Medicare Eligibles Only)

Under terms of the 2008 ILWU-PMA Memorandum of Understanding (MOU) Non-Choice Port Participants have PPO access (all Non-Choice Plan provisions remain in place) for purposes of obtaining the PPO discount.

Effective January 1, 2013, Blue Shield of California PPO Network is the PPO Network for California.

Please note the new link available as of July 2014 to find a Blue Shield of California Provider. Visit www.blueshieldca.com/ilwupma, or call 1 (800) 955-7376. For mental health providers, members can access Blue Shield of California at 1 (800) 955-7376 or www.blueshieldca.com/ilwupma, or Magellan Health Services at 1 (800) 424-5945 or www.magellanassist.com. Please note that the Blue Shield of California website should not be used to locate contracted chiropractors as the Plan requires the chiropractor to be part of the CHPC Network. Washington and Oregon members can access their Preferred Provider Organization at First Choice Health Network, 1 (800) 231-6935 or visit www.fchn.com.

Managed HealthCare Northwest is no longer a Preferred Provider Organization (PPO).

VOLUNTARY HOSPITAL UTILIZATION REVIEW (Non-Medicare Eligibles Only)

The Plan's Voluntary Hospital Review program is administered by Innovative Care Management (ICM). To request voluntary hospitalization review, telephone (866) 275-1014.

VOLUNTARY CASE MANAGEMENT

The Voluntary Case Management program is administered by Innovative Care Management (ICM). Patients who qualify may be identified and referred to Case Management by the Coastwise Claims Office or through the voluntary hospital utilization review process; or you may call ICM directly at (866) 275-1014.

CHIROPRACTIC TREATMENT

Chiropractic benefits for non-Medicare Choice Port Indemnity Plan Participants will be paid at 100% for covered services, if the services are performed by a PPO provider. No benefits will be paid for covered services performed by a non-PPO provider. The California chiropractic PPO network is Chiropractic Health Plan of CA (CHPC), 1 (800) 955-2442 or www.chpc.com and click on "ILWU Members". Please note that the Blue Shield of California website should not be used to locate contracted chiropractors as the Plan requires the chiropractor to be part of the CHPC Network. For Oregon and Washington, the PPO network is First Choice Health Network (FCHN), 1 (800) 231-6935 or www.fchn.com.

ROUTINE PHYSICAL EXAMINATION FOR CHILDREN

Charges covered include the exam and related lab and x-ray charges. A routine physical examination benefit is provided per plan year (July 1 – June 30) for eligible dependent children other than infants, up to age 19.

MENTAL/BEHAVIORAL HEALTH SUBSTANCE ABUSE BENEFITS – OUTPATIENT

Effective July 1, 2011, the dollar limit per visit is eliminated.

Effective July 1, 2014, the Plan Year visit limits are eliminated and coverage is as follows:

PPO: 100% of PPO Charges per visit, for covered services

Non-PPO: 100% of Basic Allowance (refer to Basic Benefits - Schedule of Benefits), then up to 80% of the Maximum Allowable Charge (MAC) for covered services, after annual deductible, per visit.

No PPO Access: 100% of Basic Allowance (refer to Basic Benefits – Schedule of Benefits), then up to 100% of Maximum Allowable Charge (MAC)/or 100% of PPO Charges, whichever is applicable, for covered services, per visit.

MENTAL/BEHAVIORAL HEALTH BENEFITS; SUBSTANCE ABUSE INPATIENT

Hospital Benefits

Room and Board up to applicable daily rate (refer to Basic Benefits – Schedule of Benefits), for up to 365 days for confinement.

Hospital Extras

PPO: 100% of PPO charges, for covered services.

Non-PPO: 100% of Basic Allowance (refer to Basic Benefits - Schedule of Benefits), then up to 80% of the Maximum Allowable Charge (MAC) for covered services, after annual deductible.

No PPO Access: 100% of Basic Allowance (refer to Basic Benefits – Schedule of Benefits), then up to 100% of Maximum Allowable Charge (MAC)/or 100% of PPO Charges, whichever is applicable, for covered services.

CHEMICAL DEPENDENCY BENEFITS

Please note these benefits noted above are separate from the ADRP Program benefits.

MAJOR MEDICAL LIFETIME MAXIMUM ELIMINATED

Effective July 1, 2011, the Major Medical benefit lifetime maximum per covered person is eliminated. In addition, the restoration of the Major Medical maximum has been eliminated.

COVERAGE FOR CHILDREN WITH EMPLOYER-SPONSORED COVERAGE

Effective July 1, 2014, children will be covered up to age 26 without regard to the availability of employment-related coverage. To enroll or re-enroll dependents not previously covered by the Plan due to having other employment-related coverage, please complete and submit a Record Change Form (RCF) to the Benefit Plans Office.

HOW TO CLAIM ADDITIONAL MEDICAL BENEFITS

Claims for Diabetic Durable Equipment benefits are filed directly with the ILWU-PMA Benefit Plans office:

ILWU-PMA Benefit Plans
1188 Franklin Street – Suite 101
San Francisco, CA 94109
(415) 673-8500

CLAIM REVIEW BY TRUSTEES OF THE ILWU-PMA WELFARE PLAN

The address of the ILWU-PMA Benefit Plans as used in the Coastwise Indemnity Plan SSPD is:

ILWU-PMA Benefit Plans
1188 Franklin Street – Suite 101
San Francisco, CA 94109

Union Trustees

Bobby Olvera Jr.
Francisco Ponce De Leon, III
Cameron Williams

Employer Trustees

Michael H. Wechsler
William Hirai

The information in this booklet is subject to and does not change the provisions of the ILWU-PMA Welfare Plan Agreement or the provisions of the Welfare Plan Summary Plan Description.