

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 16, 2021

TO: ILWU Longshore, Ship Clerks and Walking Boss/Foremen Locals

FROM: Antonio Holden, Director of Benefit Plans Operations

SUBJECT: Benefit Plans Office Contact Information

As of December 1, 2021, the Benefit Plans Office in San Francisco has returned to full, in-person operations, and we are ready to assist the membership from 9 AM to 5 PM, Monday through Friday. Our new telephone number is:

888-372-ILWU
(888-372-4598)

The phone will no longer be answered by a live operator. We are now using an automated phone tree that will guide you to a customer service representative best able to assist with your call.

To get to the Pension Department, press the number 1 and listen for your options.

To get to the Welfare Department, press the number 2 and listen for your options.

To speak with someone regarding medical claims, press the number 7 and you will be transferred to the Coastwise Claims Office.

A copy of this memo can be downloaded at www.benefitplans.org