

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union –  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

FAX (415) 749-1400

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 3, 2024

TO: ILWU Longshore, Ship Clerks and Walking Boss/Foremen Locals

FROM: Mario Perez, Director of Benefit Plans

**SUBJECT: Request for Medicare Part B Premium Information**

Enclosed is a copy of the notice mailing to pensioners and beneficiaries requesting proof of their 2025 Medicare Part B premium amount. The request is to ensure the Plan is reimbursing the correct monthly premium amount and to advise them Medicare has increased the base premium amount for 2025.

Enclosure.

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

December 2024

**Subject: ILWU-PMA Welfare Plan  
Proof of 2025 Medicare Part B Premium-Medicare Eligibles**

For many Medicare-eligible participants, Medicare Part B premiums change January 1 of each year. To ensure you are reimbursed the correct premium, Medicare Eligibles (including pensioners, beneficiaries, spouses, and disabled adult children) must submit a copy of their 2025 Medicare Part B Social Security notice to the Benefit Plans Office no later than May 31, 2025. However, please note that more time may be allowed for those experiencing extenuating circumstances which might delay their ability to timely submit their 2025 Social Security notice (e.g., hospitalization, out of the country for an extended period of time, etc.).

Medicare has increased the standard monthly premium for Medicare Part B enrollees to \$185.00 for 2025, an increase of \$10.30 from the 2024 premium of \$174.70. For those paying the standard Medicare Part B monthly premium, you will notice this increase in premium cost in your monthly Pension check beginning in 2025.

Please note the Plan will only reimburse premiums being paid by members. If your premium is being paid by a third party, you are not eligible for reimbursement and should notify the Benefit Plans Office.

The Social Security Administration mails you a letter towards the end of November or the beginning of December with your upcoming premium rate for the following year. Please provide the Benefit Plans Office with a copy of the Social Security letter showing your 2025 Part B premium as soon as possible. Be sure to write your Registration Number next to the name to ensure efficient and accurate processing.

Please refer to the back page for samples of an acceptable Social Security Administration letter/notice. If you misplaced or do not have your letter/notice, contact the Social Security Administration at 1-800-772-1213 to request another copy. You may also go online to [www.ssa.gov](http://www.ssa.gov) and print out a copy of your 'Benefit Verification letter'.

Letters/notices received by May 31, 2025 will receive retroactive adjustment to January 2025. Letters/notices received after May 31, 2025 will be reimbursed based on the month of receipt and no retroactive adjustment will be made (unless otherwise allowed by the Benefit Plans Office as noted in the first paragraph). Because Medicare Part B reimbursement payments are tax exempt, any overpayments will be collected.

Please submit your letter/notice as soon as possible. **If you have already submitted your notice for 2025, please disregard this request.** You may also fax your letter/notice to 415-749-1400 to expedite delivery. Due to the high volume of Medicare Part B premium documents the BPO will be receiving, please allow up to 60 days before calling to check status of your monthly reimbursement.

If you have any questions, please contact the Benefit Plans Office at 888-372-4598, extension 390.