

ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

## MEMORANDUM

DATE: October 13, 2023

TO: ILWU Northern California Locals 10, 14, 18, 34, 34A, 54, 75, 91

FROM: Mario Perez, Director of Benefit Plans

**SUBJECT: Joe Cabrales – Northern California Area Welfare Director**

Joe Cabrales is currently on a leave of absence. He is estimated to return on December 12, 2023. During Joe's absence, please encourage Participants to contact the Benefit Plans Office for assistance.

cc: Area Welfare Directors

Attachment

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)