

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

September 2, 2021

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

**Subject: Notice to All ILWU-PMA Southern California Participants and  
Beneficiaries Enrolled in the Kaiser Plan**

The attached notice was sent to CIP enrollees in August and should have also been sent to Kaiser enrollees. The notice is being mailed this week to Kaiser enrollees.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

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## September 2021

**To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Kaiser Plan**

By notice dated **July 2019**, you were informed that the ILWU-PMA Welfare Plan ("Plan") would no longer reimburse Plan participants for services, supplies, tests, or prescriptions provided by **Scott Adam, D.C.** ***Please take notice that the Trustees of the Plan, who have sole authority to administer the Plan, have determined that the Plan will again reimburse participants and beneficiaries for services, supplies, tests, or prescriptions provided to them by Scott Adam, D.C., effective immediately.***

A complete and current list of all providers and health care facilities whose services, supplies, tests and prescriptions the Plan does not reimburse is posted on the Plan's website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans office at (415) 673-8500 to get the most current information regarding providers and facilities whose invoices will not be reimbursed.