

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

FAX (415) 749-1400

ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

June 27, 2023

TO: ILWU Longshore, Ship Clerk and Walking Boss/Foreman Locals  
ILWU Watchmen Locals 26 and 75

FROM: Mario Perez, Director of Benefit Plans

**SUBJECT: Welfare Plan Employer Contribution Rates Effective July 1, 2023  
for Employees Working in Non-Covered Employment**

This notice pertains to the Welfare Plan contribution rate required of Employers with employees who participate in the ILWU-PMA Welfare Plan but who are not working in covered employment. Such employees include those employees of Union locals, the Coast Labor Relations Committee and local Labor Relations Committees, Coast Committeemen, International Officials, certain local clerical employees and Benefit Plans Office employees.

New monthly rates are effective as of July 1, 2023, and are based on employment status, as follows:

Medicare - Eligible Retirees	\$2,303.67
Medicare Retirees – Dental Only	\$178.85
Retirees not yet eligible for Medicare	\$3,158.20
All Other Employees	\$3,158.20
All Others - Dental Only	\$209.19

The new rates will be reflected in the August 2023 billing statements, which will be distributed by the Plan Office on or before July 1, 2023.

cc: Trina Grady, ILWU-PMA Benefit Plans  
Marisol O'Connor, Coast Longshore Division