

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

April 8, 2021

To: ILWU Oregon Locals 04, 08, 12, 21, 40, 50, 53, 92  
ILWU Washington Locals 07, 19, 23, 24, 25, 27, 32, 47, 51, 52, 98

From: Mario Perez, Director of Benefit Plans

**Subject: ILWU-PMA Welfare Plan – Employee Contributions to the Welfare Plan  
and Weekly Indemnity Disability Benefits**

The attached notice will be sent out this week to ILWU-PMA Welfare Plan Active Employees, advising them of a change to their employee contributions.

Enclosure

cc: Andrea Stevenson, Area Welfare Director  
Martha Hendricks, Area Welfare Director

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

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ILWU-PMA Pension Plan  
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April 2021

To: Active ILWU-PMA Welfare Plan Members in Oregon and Washington

Re: **ILWU-PMA Welfare Plan – Employee Contributions to the Welfare Plan  
and Weekly Indemnity Disability Benefits**

Effective the payroll week beginning April 3, 2021, paid on April 16, 2021, the employee contribution to the ILWU-PMA Welfare Plan will increase from 1.1% to 1.2% of earnings for all employees.

**The Weekly Indemnity maximum benefit of \$1,125.00 and the Non-Industrial Disability Supplement Benefit of \$150.00 will remain unchanged.**

If you have any questions, please call the Benefit Plans Office at 415-673-8500 or your Area Welfare Director.