

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

April 2026

TO: ILWU-PMA WATCHMEN PENSION PLAN PARTICIPANTS – LOCAL 75

Enclosed is your Participant Status Report (PSR) showing the status of each year from your start in the industry through 2025.

Your PSR indicates your total credited years of service under the Pension Plan and your vested status as of the end of the 2025 Payroll Year. Effective January 1, 1999, a Participant is vested in his or her accrued benefit upon attaining five credited Years of Service (or Normal Retirement Age, if earlier), provided that the Participant is credited with an hour of service in the 1999 Payroll Year or later. Hours under "CV-19 HOURS" are COVID hour adjustments for Local 26 based on plan provisions applicable to Local 26 only.

For Local 75 Participants retiring with a Separation Date on or after July 1, 2022, the Plan accrual rate is \$ 180.00 per month per year of service, up to a maximum of 37 years. The maximum monthly pension payable is \$ 6,660.00 (37 years x \$ 180.00= \$ 6,660.00).

Information about Survivor Benefits: A Survivor Pension is payable to your qualified Surviving Spouse as defined under the Pension Plan in accordance with federal law. If you are a vested active Participant at your death, a Survivor Pension will be payable to the person who is legally married to you on the date of your death and for at least a one-year period ending on your date of death. If your death occurs after you retire a Survivor Pension is payable to the person who is legally married to you on your Pension Commencement Date and for at least one year ending on that date, or if the marriage occurs less than one year before your Pension Commencement Date a Survivor Pension is payable to the person who is legally married to you on your Pension Commencement Date and continuously for a one-year period ending on or before the date of your death. Subsequent divorce does not disqualify the person who meets the definition of a Surviving Spouse from receiving a Survivor Pension in the event of your death as a Pensioner. If there is no qualified Surviving Spouse, a Child Survivor Pension may be payable to the Dependent Child(ren) of a Pensioner, or of an active Participant aged 60 or older, subject to the terms and conditions of the Pension Plan.

Enclosure

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May 1, 2026

TO: ILWU Watchmen Local 75

FROM: Luke Enna, Manager Pension Plans

SUBJECT: ILWU-PMA Watchmen Pension Plan Participant Status Reports

Participant Status Reports will begin mailing shortly to each active ILWU-PMA Watchmen Pension Plan participant, showing his or her Pension Plan status through 2025. A sample report is enclosed.

The Participant Status Report reflects a benefit accrual of \$ 180.00 for each qualifying year of more than 800 hours or thereafter. Hours under "WRK/PGP HOURS" include Work hours. Hours credited for disability absence are included under "LRC/CMP HOURS." Military service hours are included under "OTHER HOURS." Hours under "CV-19 HOURS" are COVID hour adjustments for Local 26 based on plan provisions applicable to Local 26 only.

If your members have questions about the information shown in the status reports, please let us know. Information that is in error in the reports may be corrected by submitting a request in writing to the Plan office with any supporting documentation.

An updated Participant Status Report will be mailed to each active participant following the close of each Payroll Year.

Enclosures

cc: Joe Cabrales, Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

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APRIL 2, 2026

PAGE NUMBER 1

PARTICIPANT STATUS REPORT

SAMPLE

LOC-REGISTRATION#
DATE OF BIRTH
NORMAL RET. DATE
REGISTRATION DATE :
DEREGISTRATION DATE:
ORIGINAL REG DATE :
INDUSTRY START YEAR:

Subject: ILWU-PMA Watchmen Pension Plan - Participant Status Report

The purpose of this report is to inform you of your status as a Participant in the ILWU-PMA Watchmen Pension Plan.

PLAN YEAR	WRK/PGP HOURS	VAC HOURS	HOL HOURS	LRC/CMP HOURS	CV-19 HOURS	OTHER HOURS	TOTAL HOURS	BENEFIT CR	VEST CR	STATUS
2012	346	0	0	0	0	0	346	0.00000	0	BREAK-IN-SERVICE
2013	554	0	0	0	0	0	554	0.00000	0	NON-QUALIFYING
2014	572	0	0	0	0	0	572	0.00000	0	NON-QUALIFYING
2015	596	0	0	0	0	0	596	0.00000	0	NON-QUALIFYING
2016	465	0	0	0	0	0	465	0.00000	0	BREAK-IN-SERVICE
2017	372	0	0	0	0	0	372	0.00000	0	BREAK-IN-SERVICE
2018	755	0	0	0	0	0	755	0.00000	0	NON-QUALIFYING
2019	751	0	0	0	0	0	751	0.00000	0	NON-QUALIFYING
2020	648	0	0	0	0	0	648	0.00000	0	NON-QUALIFYING
2021	577	0	0	0	0	0	577	0.00000	0	NON-QUALIFYING
2022	1,899	0	0	0	0	0	1,899	1.00000	1	QUALIFYING
2023	1,787	0	0	0	0	0	1,787	1.00000	1	QUALIFYING
2024	1,749	90	72	0	0	0	1,911	1.00000	1	QUALIFYING
2025	1,868	90	104	0	0	0	2,062	1.00000	1	QUALIFYING

TOTAL BENEFIT CREDITS: 4.00000
EST. ACCRUAL RATE : \$180.00
***EST. MONTHLY BENEFIT: \$720.00**

If your next 1 years are vesting years, you will vest in 2026.

Some of the information on this Report may be unverified. Any information found to be in error will be corrected. No one should act on the basis of the information shown on this report when he knows that the information is in error. If you believe any of the information shown is in error, please contact the Pension Plan Office.

Trustees - ILWU-PMA Watchmen Pension Plan

*(TOTAL BENEFIT CREDITS x EST. ACCRUAL RATE = EST. MONTHLY BENEFIT).