

# ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —  
Pacific Maritime Association [www.benefitplans.org](http://www.benefitplans.org)

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500

FAX (415) 749-1400

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ILWU-PMA Pension Plan  
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

March 24, 2021

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

**Subject: Notice to All Southern California Participants and  
Beneficiaries Enrolled in the ILWU-PMA Coastwise  
Indemnity Plan**

The enclosed notice will be mailed to all eligible Welfare Plan members in Southern California enrolled in the Coastwise Indemnity Plan.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at [www.benefitplans.org](http://www.benefitplans.org)

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## To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan

Please take notice that the Trustees of the ILWU-PMA Welfare Plan (“Plan”), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse or indemnify any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by providers **Carlos Rosario, M.D., Wu-Shyong Wu, M.D., and Cristal Speller, M.D.**, or any healthcare providers affiliated with or working under the direction or supervision of these providers, or any other entity to the extent it bills for services rendered in whole or part by these providers, effective immediately.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan’s website, [www.benefitplans.org](http://www.benefitplans.org). Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses and associated organizations for these providers.

**Carlos Rosario, M.D.**: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Address: 1570 Brookhollow Dr., Ste. 211, Santa Ana, CA 92705-5428

**Wuu-Shyong Wu, M.D.**: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Address: 101 E. Beverly Blvd., Ste. 201, Montebello, CA 90640-4315

**Cristal Speller, M.D.**: Please note, any claim from a facility or from any other provider *related to a service in which this provider participates* will not be reimbursed, effective immediately.

Address: 230 N. Maryland Ave., Ste. 110, Glendale, CA 91206-4283

### Entity Under Which Provider bills:

Beverly Hills Wellness Physicians

Addresses: 1703 N. Avalon Blvd., Wilmington, CA 90744-1432

701 E. 28<sup>th</sup> St., Ste. 100, Long Beach, CA 90806-2769

Associated Organization: Wellbeing Holistic Medicine

Addresses: 5841 Bellflower Blvd., Lakewood, CA 90713-1057

230 N. Maryland Ave., Ste. 110, Glendale, CA 91206-4283