

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500
FAX (415) 749-1400

ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan

February 23, 2021

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

Subject: Notice to All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan

The enclosed notice is being mailed to all eligible Welfare Plan members in Southern California enrolled in the ILWU-PMA Coastwise Indemnity Plan.

cc: Sam Alvarado, Area Welfare Director

Attachment

A copy of this memo can be downloaded at www.benefitplans.org

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To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan

Please take notice that the Trustees of the ILWU-PMA Welfare Plan (“Plan”), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse or indemnify any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by **Life Pharmacy, Wellbeing Holistic Medicine**, any pharmacy affiliated with these pharmacies, or any pharmacist or any other entity under which the owner(s) of these entities may start to bill, effective immediately.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan’s website, www.benefitplans.org. Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses for these pharmacies.

Life Pharmacy: Please note, any prescription claims from this provider will not be reimbursed, effective immediately.

Address: 1842 N. Tustin St., Orange, CA 92865-4605

Wellbeing Holistic Medicine: Please note, any prescription claims from this provider will not be reimbursed, effective immediately.

Address: 5841 Bellflower Blvd., Lakewood, CA 90713-1057