ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

1188 FRANKLIN STREET • SUITE 101 • SAN FRANCISCO, CALIFORNIA 94109

PHONE (415) 673-8500 FAX (415) 749-1400

ILWU-PMA Pension Plan ILWU-PMA Welfare Plan ILWU-PMA Watchmen Pension Plan

August 21, 2019

To: ILWU Southern California Locals 13, 26, 29, 46, 63, 94

From: Mario Perez, Director of Benefit Plans

Subject: Notice to All Southern California Participants and Beneficiaries Enrolled in the

ILWU-PMA Coastwise Indemnity Plan

The enclosed notices are being mailed to all eligible Welfare Plan members in Southern California enrolled in the Coastwise Indemnity Plan.

Attachment

cc: Sam Alvarado, Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org

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August 2019

To: All Southern California Participants and Beneficiaries Enrolled in the ILWU-PMA Coastwise Indemnity Plan

Please take notice that the Trustees of the ILWU-PMA Welfare Plan ("Plan"), who have sole authority to administer the Plan, have determined that the Plan will **not** reimburse any Plan Participants or otherwise pay benefits for any claims for services, supplies, tests, or prescriptions provided to any Plan Participant or beneficiaries by provider **Andrew Jarminski**, **M.D.**, or any healthcare providers affiliated with or working under the direction or supervision of this provider, effective September 20, 2019.

A complete and current list of all providers and healthcare facilities whose services and prescriptions the Plan is no longer covering is posted on the Plan's website, www.benefitplans.org. Please consult the website or telephone the Benefit Plans Office at (415) 673-8500 to get the most current information regarding providers and facilities which are no longer covered.

Below, for your information, are the known addresses and associated organizations for this provider.

Andrew Jarminski, M.D.: Please note, any claim from a facility or from any other provider *related* to a service in which this provider participates will not be reimbursed, effective September 20, 2019.

Addresses: 15901 Hawthorne Blvd., Suite 250, Lawndale, CA 90260

1423 W. 8th St., San Pedro, CA 90732

212 Capistrano Cir., Fullerton, CA 92835-1718

155 W. Hospitality Ln., San Bernardino, CA 92408-3305

2980 N. Beverly Glen Cir. Ste. 301, Los Angeles, CA 90077-1726

8832 Sierra Ave., Fontana, CA 92335-8649 4237 Atlantic Ave., Long Beach, CA 90807-2801 7203 Greenleaf Ave., Whittier, CA 90602-1372

3602 Inland Empire Blvd. Ste. B120, Ontario, CA 91764 1902 Royalty Dr. Ste. 120, Pomona, CA 91767-3030

334 Amberwick Ln., Brea, CA 92821

6927 Brockton Ave. Ste. 1A, Riverside, CA 92506

Affiliated Providers: Rejuvenate Aesthetics

Trivium Wellness Center True Care Medical Group, Inc.

Inland Incare Medical Associates, Inc.

ARJ Medical, Inc.

Orange County Vein and Genesis Medical Aesthetics

Downey Orthopedic Medical Group

Montgomery Chiropractic

Southern California Orthopedic Medical Group