ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association www.benefitplans.org

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ILWU-PMA Pension Plan ILWU-PMA Welfare Plan ILWU-PMA Watchmen Pension Plan

THIS IS FOR ELECTRONIC FUND TRANSFER PARTICIPANTS ONLY

ELECTRONIC FUND TRANSFER DEPOSIT DATES FOR THE YEAR 2023 ILWU-PMA PENSION PAYMENTS

MONTH OF PAYMENT DATE CREDITED TO YOUR ACCOUNT January 1/3/2023 - Tuesday February 2/1/2023 – Wednesday March 3/1/2023 - Wednesday April 4/3/2023 – Monday May 5/1/2023 - Monday June 6/1/2023 - Thursday July 7/3/2023 – Monday August 8/1/2023 - Tuesday 9/1/2023 - Friday September October 10/2/2023 – Monday November 11/1/2023 - Wednesday December 12/1/2023 – Friday January 2024 1/2/2024 – Tuesday

Please check with your financial institution as to the time of day when your pension payment will be credited to your account.

JG/AHW:jd/opeiu29-afl-cio/Revised 12.7.22-.EFTdates-2023