ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union — Pacific Maritime Association **www.benefitpla**

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ILWU-PMA Pension Plan ILWU-PMA Welfare Plan ILWU-PMA Watchmen Pension Plan

February 27, 2024

To:

ILWU Longshore, Ship Clerk, Walking Boss/Foreman, and Watchmen Locals

From:

Mario Perez, Director of Benefit Plans

Subject:

ILWU-PMA Welfare Plan

MedExpert Price Transparency Tool

The attached notice began mailing on Friday. The notice is required by law and can be used by members to determine the price of services prior to obtaining care.

Attachment

cc: Area Welfare Directors

A copy of this memo can be downloaded at www.benefitplans.org





Members of ILWU-PMA Coastwise Indemnity Plan



TAKE ADVANTAGE OF YOUR PRICE TRANSPARENCY TOOL POWERED BY MEDEXPERT.

The Price Transparency Tool opens a window into your healthcare choices and costs. From your phone or computer, you can now use the MedExpert Price Transparency tool to shop for services and compare prices, including Surgery Costs, Provider Costs and to help reduce costs of your care.

Why is a Price Transparency tool now available?

In 2021, Federal Laws were passed requiring health plans to have an online tool to compare prices for 500 "shoppable" medical services available in 2023 and all services available in 2024.

The Home Page

Your home page allows you to scroll through pages on your phone or computer and be able to shop for services, view your own reports or look at a history page of your activities.

Log into the Portal

- From your smartphone or computer, visit ILWU-PMA.medexperthealth.com
- **02** Click "Register" then "Member."
- **03** Complete the registration form.



Start Shopping for Services by clicking on "Shop" in the navigation bar or simply scroll down and click on your shopping cart.

ENTER YOUR SEARCH SUBJECT

Example: Office Visit

Filter by in network providers or distance.

The results based on your search subject will include provider name, provider rating and the approximate cost for the service.

CLICK ON "PREVIEW SERVICES AT THIS PROVIDER"

Results will include:

- Provider Specialty
- Estimate of your responsibility
- Estimated # of charges



The tool allows you to ask a question, compare providers, refine-my estimate and review and approve.

For assistance please call (800)- 999-1999 Monday - Friday 7AM - 7PM

