

- **saves lives/families**
- **confidential counseling**
- **professional resources**

This brochure is an ILWU-PMA Welfare Plan Supplemental Summary Plan Description. See the Welfare Plan Summary Plan Description for information about Welfare Plan eligibility, claims review procedures, and other Welfare Plan benefit programs.

ILWU-PMA Welfare Plan
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IRS Employer Identification No. 94-6068578

Plan No. 501

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In accordance with the ILWU-PMA statement of policy, the area representatives are committed to working with all long-shoremen on a confidential basis.

Program Representatives:

Southern California Area

Jackie Cummings

Telephone: (310) 547-9966

Northern California Area

Hunny Powell

Telephone: (415) 776-8363

Columbia River and Oregon Coast Area

Brian Harvey

Telephone: (503) 231-4882

Puget Sound and Washington Area

Donnie Schwendeman

Telephone: (253) 922-8913



Alcoholism/ Drug Recovery Program



Information Card
Alcoholism/Drug Recovery Program



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**An ILWU-PMA
Welfare Plan Benefit**

Statement of Policy

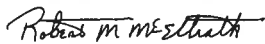
The ILWU and PMA recognize that alcoholism / drug problems cause great economic loss and much physical and mental anguish to individuals and families. Persons suffering from these problems can, however, with the aid of an appropriate diagnosis and treatment be given the kind of help they need to lead normal healthy lives.

The Welfare Plan provides various benefits for chemically induced illnesses, but the Plan does not piece together these benefits in a complete program to meet the problems. The ILWU and PMA now have a special health care approach called the **ILWU-PMA Welfare Plan Alcoholism/Drug Recovery Program**. It is the policy of the ILWU and PMA to combat chemical dependency through the **Alcoholism/Drug Recovery Program** by publicizing the treatment available, by developing educational programs, and urging longshoremen with the problem to seek treatment for it.

The confidentiality of individuals using the program will be carefully protected. No information with respect to a participant in the Program will be furnished to any employer, union local, JLRC, or any other person without the express consent of the participant.

The Program will be under the direction and supervision of the Program Representative in each of the four West Coast areas. The Program utilizes only those facilities deemed able to provide quality treatment and services for alcoholism / drug recovery.

The **ILWU-PMA Welfare Plan Alcoholism/Drug Recovery Program**, an industry-wide union management program, has the vigorous support of the International Longshore and Warehouse Union and the Pacific Maritime Association. The Program in no way modifies the grievance provisions of the ILWU-PMA collective bargaining agreements.



Robert M. McEllrath
President, ILWU



JAMES C. MCKENNA
President and CEO, PMA

The ILWU-PMA Program Since 1980

Hundreds of longshoremen are recovering successfully from alcohol dependency problems and many are now helping others to recover. The use of drugs other than alcohol has become evident to those supervising the Recovery Program. The ILWU-PMA Program therefore has evolved into the treatment of other chemical dependency illnesses.

Alcohol/Drug Problems Can Grow . . .

Not recognizing or dealing with alcoholism / drug problems can make them more serious and difficult to solve. The hardest thing we have to face is admitting to ourselves that we do have a problem and that we need help. It isn't easy to admit to another person that we are having trouble handling our problems alone. What is a tremendous burden to one person can become a lighter load when shared with someone trained to help on chemical abuse problems.

Why Seek Help?

The Recovery Program is designed to help you to maintain and preserve your job, family, health, and dignity. As soon as you or someone close to you recognizes there is a problem with your alcohol or drug use, seek help.

Who is Eligible?

The Alcoholism / Drug Recovery Program covers active and retired longshoremen who have eligibility under the ILWU-PMA Welfare Plan. The term longshoremen refers to longshoremen, ship clerks, walking bosses, foremen, and watchmen with Welfare Plan eligibility. Recognizing that alcoholism / drug problems may be present throughout the family, effective July 1, 1995, the Alcoholism / Drug Recovery Program expanded to cover eligible dependents. A full explanation of how eligibility is determined is given in the Welfare Plan Summary Plan Description.

Benefits:

Inpatient and / or outpatient care and therapy are provided. Detoxification is provided when necessary. Details of the treatment program will vary depending on individual need. Only facilities that are approved will be used under the program. Benefits under the program are available no matter in which hospital-medical-surgical plan you are enrolled.

How to Obtain Assistance:

All Alcoholism / Drug Recovery Program benefits must be coordinated through your area ADRP representative. Their names and phone numbers are listed below on the detachable Information Card.

Program Representatives:

Southern California Area

Jackie Cummings Telephone: (310) 547-9966

Northern California Area

Hunny Powell Telephone: (415) 776-8363

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