



ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

August 2, 2007

TO: ILWU Oregon Locals 4, 8, 40 and 92

FROM: Gail Lorentz, Manager, Welfare Plans

SUBJECT: Benefit Changes and Clarifications for Kaiser Oregon Medical Plan Eligibles

Kaiser Oregon Medical Plan has announced benefit changes and clarifications as described below effective July 1, 2007. These benefit changes are subject to review by the ILWU-PMA Welfare Plan Trustees.

MENTAL HEALTH BENEFIT

Kaiser has removed the inpatient and residential or day treatment benefit limitations as mental health treatment under Oregon Senate Bill 1 mandates that mental health treatment must be covered at the same level as treatment for other medical conditions.

The \$15.00 co-payment per visit for mental health outpatient and day treatment services is eliminated.

The residential mental health services benefit will be increased from 26 days to a 45-day benefit maximum per calendar year.

ACUPUNCTURE

The acupuncture benefit is no longer excluded under all circumstances: acupuncture treatment may be covered for certain medical conditions on a limited basis if prescribed by a Plan physician.

RESPIRE CARE (HOSPICE BENEFIT)

Kaiser has clarified that inpatient respite care for hospice patients and hospice caregivers is provided for one episode of no more than five consecutive days per 30-day period. Respite care coverage includes short-term inpatient care, care for pain control, and management of acute and chronic symptoms. Kaiser covers one inpatient stay for respite care of one to five consecutive days per 30-day period, regardless of duration.

The next revised *Kaiser Oregon SSPD* will reflect these changes.

Cc: Ty Gorton, Area Welfare Director

A copy of this memo can be downloaded at www.benefitplans.org