

ILWU-PMA BENEFIT PLANS /

International Longshore & Warehouse Union —
Pacific Maritime Association

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ILWU-PMA Pension Plan
ILWU-PMA Welfare Plan

ILWU-PMA Watchmen Pension Plan
ILWU-PMA Supplemental Welfare Benefit Plan

March 28, 2006

TO: ILWU Longshore, Ship Clerk and Walking Boss/Foreman
Locals and Watchmen Locals 26 and 75

FROM: Gail Lorentz, Manager, Welfare Plans

**SUBJECT: Cosmetic Contact Lens Benefit for Members with
ILWU-PMA Coastwise Indemnity Plan Coverage**

In accordance with Welfare Plan Maintenance of Benefits provision, the Non-Medically Required (Cosmetic) Contact Lens Benefit has been increased for Coastwise Indemnity Plan members. For claims incurred on or after April 1, 2006, the benefit is \$162.91.

The Cosmetic Contact Lens Benefit is payable for cosmetic contact lenses elected instead of the regular eyeglass benefits provided by Vision Service Plan (VSP) and includes both the eye examination and contact lenses.

Vision Service Plan directly provides the allowance toward cosmetic contacts, so members do not have to submit claims to the Benefit Plans Office. The Cosmetic Contact Lens Benefit is described in the health plan Supplemental Summary Plan Description booklet. Benefit descriptions and claim forms are available on request.

cc: Area Welfare Directors

GL:rm/opeiu29aflcio/cosmeconlens-040106